



YIN FIRE  
Acupuncture

1761 Ogden St. Denver, Co 80218

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## Initial Visit Intake

Patient Name:  Date:

Date of Birth:  Time of Birth:  Gender:  Height:  Weight:

Occupation:

Home address:

Emergency contact name and number:

What is the primary reason for coming in for treatment?

How long has this been occurring?

Have you been given a diagnosis by a physician? If so, please describe.

What other therapies have you tried?

### Medical History:

Please check all current/past conditions or diagnoses that apply.

- Allergies     Cancer     Diabetes     Hepatitis     Seizures  
 Stroke     Thyroid Disease     Heart Disease     Lung Disease

Other (please describe below) Other conditions or previous diagnoses

Any previous accidents of significant traumas? If so please describe



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Surgeries or other significant medical interventions? If so please describe.

Please list all prescription medications (current or within last 2 months).

Please list any vitamins, supplements or herbs you are currently taking.

Do you exercise?  Yes  No

Rarely Sometimes (2 days/week or less)       Often (3 days/week or more)

What type of exercise?

Do you have any issues associated with sleep? If so please describe. (falling asleep, staying asleep, etc.)

Any dietary restrictions? (gluten free, other food allergies, vegetarian, vegan, etc.)

What are your symptoms when you eat these foods?

**General Health:**

- Insomnia       Disturbed Sleep       Night Sweats       Sweating Easily       Generalized Weakness  
 Weight Gain       Weight Loss       Edema       Cold Hands       Noticeable Fatigue  
 Cold Feet       Generally Cold       Generally Hot       Strong Thirst       Numbness or Tingling  
 Excessive Hunger       Tremors/Trembling       Excessive Hunger       Dizziness/Vertigo  
 Lack of Appetite



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Other unusual symptoms or changes in your general health?

**Musculoskeletal:**

- |  |                                       |  |  |
|--|---------------------------------------|--|--|
| <input type="checkbox"/> Neck Pain       | <input type="checkbox"/> Back Pain    | <input type="checkbox"/> Shoulder Pain   | <input type="checkbox"/> Knee Pain       |
| <input type="checkbox"/> Hip Pain        | <input type="checkbox"/> Arthritis    | <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Foot/Ankle Pain |
| <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Overall Pain |  |  |

Other Musculoskeletal symptoms? Please describe.

**Psychological and Mental:**

- |                                      |  |   |   |
|--------------------------------------|--|---|---|
| <input type="checkbox"/> Depression  | <input type="checkbox"/> Anxiety               | <input type="checkbox"/> Stress             | <input type="checkbox"/> Irritability/Frustration |
| <input type="checkbox"/> Poor Memory | <input type="checkbox"/> Lack of Concentration | <input type="checkbox"/> Lack of Motivation | <input type="checkbox"/> Addiction                |

Other emotional symptoms? Please describe.

**Skin and Hair:**

- |                                |                                      |                                    |  |
|--------------------------------|--------------------------------------|------------------------------------|--|
| <input type="checkbox"/> Rash  | <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Acne      | <input type="checkbox"/> Eczema or Psoriasis |
| <input type="checkbox"/> Hives | <input type="checkbox"/> Itching     | <input type="checkbox"/> Hair Loss | <input type="checkbox"/> Dry Skin/Scalp      |

Other skin/hair symptoms? Please describe.

**Face and Head:**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Migraines/ Headache | <input type="checkbox"/> Eye Pain/Strain | <input type="checkbox"/> Eye Floaters/Spots | <input type="checkbox"/> Poor Vision           |
| <input type="checkbox"/> Ringing in Ears     | <input type="checkbox"/> Poor Hearing    | <input type="checkbox"/> Earaches           | <input type="checkbox"/> Recurrent Sore Throat |
| <input type="checkbox"/> Sinus Congestion    | <input type="checkbox"/> Nose Bleeds     | <input type="checkbox"/> Sinus/Facial Pain  | <input type="checkbox"/> Jaw Clicks/Pain       |
| <input type="checkbox"/> Lip/Mouth Sores     | <input type="checkbox"/> Dry Mouth       |   |  |



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Other face/head problems? Please describe.

**Respiratory:**

Difficulty Breathing  Frequent Colds  Cough Asthma  TB Diagnosis

Sinus Infections  Excessive Phlegm

Other respiratory problems? Please describe.

**Heart/Cardiovascular:**

Palpitations  Chest Pain  High Blood Pressure  Previous Heart Attack

Previous Stroke  Bleeding Disorder  Clotting Disorder  Congestive Heart Failure

Other Cardiovascular Disease

Other Heart or Cardiovascular Problems? Please describe.

**Digestion/Elimination:**

Abdominal Distention/Bloating  Abdominal Cramping/Pain

Gas Nausea/Vomiting  Indigestion Diarrhea

Incontinence/Urgency  Constipation

Hemorrhoids  Difficulty with bowel movement

Parasites  Blood in stool

Other problems with digestion and elimination? Please describe.

**Urination:**

Pain on Urination  Frequent Urination  Urgency to Urinate

Incontinence/Leakage  Decreased Urination  Waking Often to Urinate

Kidney Stones  Discharge or Cloudy Urine  Blood in Urine



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Other urinary symptoms? Please describe.

**Men's Health:**

- Genital Sores/Rash       Erectile Dysfunction       Decreased Libido  
 Excess Libido

Other men's health symptoms? Please describe.

**Women's Health:**

- Painful Periods       Heavy Flow       Light Flow  
 Clots       PMS       Discharge  
 Irregular Periods       Absent Periods       Menstrual Cramps  
 Past Miscarriage       Fertility Issues       Endometriosis

Other women's health symptoms? Please describe.

Have you been pregnant or given birth in the past 3 years?  Yes  No  Maybe/Not Sure

Age of first period  Age at menopause (if applicable)

By signing below, I certify that the information I have provided is correct and accurate to the best of my knowledge. Patient or Legal Guardian Name:

Signature:

Date (mm/dd/yyyy):